

## GETTING TO ZERO

### A Collaborative Plan to End HIV in Utah

A multi-year, multi-agency effort, Getting to Zero is focused on ending new HIV infections and HIV-related deaths in Utah. With targeted goals, strategies, and actions in four key domains—Test, Treat, Prevent, and Respond—Getting to Zero will save lives in Utah and beyond.



TEST



TREAT



PREVENT



RESPOND



### TEST

Ending HIV infections and deaths starts with everyone getting tested and knowing their status.

#### LONG-TERM OBJECTIVES

By end of year 2025

- 30% of Utahns know their HIV status
- 90% of people living with HIV have received a diagnosis

#### STRATEGIES & ACTIONS

- Promote HIV testing throughout Utah
- Educate providers statewide on HIV testing guidelines and resources
- Get more hospitals to include HIV testing prompts in electronic medical records
- Implement at least one new testing method (at-home testing, pharmacy testing, etc.)
- Explore tech-based solutions (testing prompts, contact tracing, partner notifications)



### TREAT

By helping more people access care, we can prevent new infections and reduce HIV-related deaths.

#### LONG-TERM OBJECTIVES

By end of year 2025

- 95% of people living with HIV are in care and on antiretrovirals (ARV)
- 95% of people living with HIV are virally suppressed

#### STRATEGIES & ACTIONS

- Anyone with a positive HIV test will be linked to care within 30 days
- More testing sites throughout Utah will be able to initiate ARVs, often at initial diagnosis
- Ensure people living with HIV understand how to utilize support services like Ryan White
- Identify all Utahns not currently in care and re-engage them with medical and support services



## PREVENT

By increasing access to PrEP, nPEP, and other resources, many new HIV infections can be prevented.

### LONG-TERM OBJECTIVES

By end of year 2025

- > Increase the number of pre-exposure prophylaxis (PrEP) users in Utah by 50%
- > Make data-driven sexual health and harm reduction programming more available

### STRATEGIES & ACTIONS

- > Make PrEP and non-occupational post-exposure prophylaxis (nPEP) more affordable and accessible throughout Utah
- > Understand and overcome other barriers to PrEP and nPEP usage
- > Compile an extensive report on the state of sexual health in Utah
- > Increase outreach efforts to people who use drugs or participate in sex work



## RESPOND

With rapid access to care and cohesive efforts to identify potential exposures, we can prevent new HIV clusters and outbreaks.

### LONG-TERM OBJECTIVES

By end of year 2025

- > 95% of people living with HIV are in care and on antiretrovirals (ARVs)
- > 90% of people living with HIV have received a diagnosis

### STRATEGIES & ACTIONS

- > Ensure anyone with a new HIV diagnosis is receiving care within 30 days
- > Increase the number of contacts/partners who are tested and referred for PrEP
- > Identify all people living with HIV who are not in care and connect them to support
- > Investigate all potential perinatal HIV exposures



See the full plan for Getting to Zero at [HIVandMe.com](https://HIVandMe.com)